



## When is the right time to choose **VNA's Advancement Illness Management?**

These questions will help you decide:

- 1 Do health problems limit the ability to leave the home?
- 2 Is there a serious ongoing illness such as lung or heart problems, dementia or cancer causing suffering?
- 3 Has there been a recent hospitalization or emergency room visit?
- 4 65 or over, or disabled, and on traditional Medicare?



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## VNA ADVANCED ILLNESS MANAGEMENT (AIM)



Helping patients  
and families live  
fully each day.





VNA's Advanced Illness Management Program (AIM) focuses on better quality of life for those with serious, chronic illnesses through pay and symptom management.

- AIM is a program that focuses on patients with difficulty leaving home due to serious chronic illness
- AIM helps prevent and relieve physical, emotional, social, or spiritual suffering in order to enhance the quality of life
- The goal of AIM is to ease some of the burden of serious illness by giving outstanding care to patients and families through control of symptoms in the home where "home" is defined as where a person lives
- AIM prepares patients and caregivers for transitions related to severe chronic illness whether the outcome is a return to fully independent living or preparation for transition to end-of-life care
- VNA's AIM consultation team works together with a patient's Primary Care Provider (PCP). The PCP remains at the center in directing the medical care and will be kept informed of a patient's ongoing condition

## The Advanced Illness Management (AIM) Philosophy

### OUR COMMITMENT TO YOU

You will receive a comprehensive initial visit with a qualified medical professional skilled in caring for patients with one or more serious, chronic illnesses.

You will be given the right to share in decision making about your goals of care. This is accomplished by the team of AIM providers including medical, social worker, spiritual and volunteer personnel to care for you.

Your comprehensive care plan for health issues will include: measurable treatment goals, symptom management, medication management, planned interventions with the team and coordination of resource partners in the community.

You maintain the right to pursue creative treatments and receive any benefits such as home health that you may qualify for under your insurance plan.

## AIM's Interdisciplinary Team Can Improve the Quality of Life

- **Physicians and nurse practitioners** work directly with the patient's primary care provider to meet the plan of care goals of the patient.
- **Social Workers** assist in navigating healthcare benefits and end-of-life planning. Provides informational resources on patient's needs such as financial needs and community resources.
- **Spiritual counselors** provide support to patient, caregiver and family which reflect your own spiritual beliefs or non-religious rituals.
- **Volunteers** visit with patients. This may include pet visits upon request.

**Call VNA about its innovative Advanced Illness Management Program today at 314.918.7171.**